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Nitric Oxide 12 (2005) 89-96

www.elsevier.com/locate/yniox

Extracorporeal shock waves: From lithotripsy to anti-inflammatory action by NO production

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Received 7 June 2004; revised 30 November 2004

Abstract

At low energy density (0.03 mJ/mm²), extracorporeal shock waves (ESW), originally developed for clinical lithotripsy, have successfully been used for anti-inflammatory treatment of soft tissues. Since nitric oxide plays a critical role in inflammation, we hypothesized for ESW to increase NO production in cells. Using human umbilical vein endothelial cells as a model system, we observed that ESW, at low energy density, rapidly induced an enhancement of eNOS activity. In these cells, eNOS activity is modulated by tyrosine- and serine-phosphorylation. ESW shifted eNOS to a less-tyrosine-phosphorylated form, without affecting its serine-phosphorylation, thus accounting for its rapid enzyme activation. LPS/IFN- γ treatment of human umbilical vein endothelial cells induced a rapid inhibition of eNOS activity and concomitant NF- κ B activation which were efficiently counteracted by ESW treatment. Therefore, the present results indicate that the molecular mechanism of clinically observed anti-inflammatory action of ESW should include tyrosine-dephosphorylation of eNOS, a successive increase in NO production and suppression of NF- κ B activation.

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Keywords: Shock waves; Nitric oxide; Inflammation; HUVEC; Endothelial nitric oxide synthase